



The Council Rock Parenting Academy

Council Rock Coalition for Healthy Youth - Chancellor Center - 30 N. Chancellor St. - Newtown, Pa 18940
215-944-1006 www.CRCHY.org There is no cost to the participant.

Please check the programs you are interested in and submit. We will contact you when your program is scheduled. A minimum number of participants is required, encourage friends and neighbors to attend.

If your organization, PTO, workplace, or local group, would like to host a series of classes at your location, our Council Rock Parenting Academy facilitators will travel to your site within the Council Rock Areas. Please contact us at CRCHY@crsd.org, as arrangements must be made in advance.

Middle and High School Parents

NEWPOWER OF PARENTS

If you have 30 minutes.... CRPA can bring the “Power of Parents” to your organization or school. Download a free parent handbook to be equipped with the communication tools parents need to talk to their teens about alcohol. Also, receive a single page packed with conversation starters, based on an effective parent- teen program developed by Pennsylvania State University researchers. CR Parenting Academy facilitators will travel to your location to present the “Power of Parents”. Contact CRCHY@crsd.org to schedule a presentation.

Each program below is a series of classes. We encourage you to attend all classes

Elementary Parents K-3	Elementary Parents Grades 4-6
<p>Second Step - (3 sessions)</p> <p>Second Step (K-3) contains four proven components designed to teach problem solving skills, impulse control, anger management and empathy.</p> <p>Family unit reinforces the same four components taught to students in grades K-3.</p>	<p>Life Skills Training - (3 sessions)</p> <p>Life Skills Training (grades 4-6) Family Unit provides parents with tools to strengthen communication, appropriate behavior monitoring and discipline, positive role modeling, refusal skills, anger management and problem solving. Reinforces skills students learn in grades 4-6.</p>

Middle and High School Parents

Parent to Parent - (4 sessions)

Parent-to-Parent is a nationally known substance abuse prevention program, teaching parents how to protect their children from drugs, violence, and premature sexual activity. It is a video based interactive program, allowing the opportunity for discussion and networking with other parents.

Guiding Good Choices - (4 sessions)

Guiding Good Choices is a research-based prevention program that aims to reduce substance abuse and increase family bonding. Provides family activities, skill-building exercises, tips on positive parenting, and more. A valuable resource.

Staying Connected with Your Teen - (5 sessions)

Staying Connected with Your Teen teaches parents and teens the skills they need to improve family communication and family bonding. Participating families show improvement in discipline practices and supervision skills. Research demonstrates the critical importance of parent involvement in reducing antisocial behaviors.